

Pre-Intermediate

راهنمای Select Readings

Teacher-approved readings for today's students

LINDA LEE + ERIK GUNDERSEN

ترجمه حمیده اوشلی

www.ketab.ir



OXFORD
UNIVERSITY PRESS

سرشناسه:	اوشلی، حمیده، ۱۳۶۴ -
عنوان و نام پدیدآور:	راهنمای کامل /Select readings: pre-intermediate
مشخصات نشر:	مترجم حمیده اوشلی.
مشخصات ظاهری:	تهران: ارشد سپاهان، ۱۳۹۲.
شابک:	۳۱۶ ص: مصور، جدول.
وضعیت فهرست نویسی:	۹۷۸-۹۶۴-۷۸۷۹-۲۰-۰
یادداشت:	فیبا
یادداشت:	فارسی - انگلیسی.
موضوع:	اثر حاضر راهنمایی بر کتاب "Select readings: pre-intermediate"
موضوع:	نوشته ی لیندا لی و اریک گوندرسون است.
موضوع:	زبان انگلیسی -- کتاب های درسی برای خارجیان
موضوع:	زبان انگلیسی -- کتاب های قرائت (متوسطه)
شناسه افزوده:	لی، لیندا، ۱۹۵۰ - م
شناسه افزوده:	Lee, Linda
شناسه افزوده:	گوندرسن، اریک
شناسه افزوده:	Gundersen, Erik
رده بندی کنگره:	PE۱۱۲۸/۹ س۸۲۲۲ ۱۳۹۲
رده بندی دیویی:	۴۲۸/۲۲۱۶
شماره کتابشناسی ملی:	۳۷۶۵۸۷۰



نام کتاب	راهنمای کامل (Pre-Intermediate) Select Reading
ناشر	ارشد سپاهان
مؤلفان	لیندا لی - اریک گاندرسن
مترجم	حمیده اوشلی
لیتوگرافی	ایران اسکندر
چاپ - صحافی	فردا - سپاهان
نوبت چاپ	اول
شمارگان	۱۰۰۰
شابک	۹۷۸-۹۶۴-۷۸۷۹-۲۰-۰
قیمت	۱۰۰۰۰۰ ریال

نشانی: تهران، خیابان انقلاب، خیابان منیری جاوید، پلاک ۷۰
 تلفن: ۰۹۱۳۱۱۴۸۷۷۶ همراه، ۰۹۱۲۵۱۶۶۹۳۳

Contents

Scope and Sequence	vi
Series Overview	viii
Chapter 1 Are You Getting Enough Sleep?	1
“What happens if you don’t get enough sleep? Randy Gardner, a high school student in the United States, wanted to find out.”	
Chapter 2 Mika’s Homestay in London	11
“‘What do you want for your nineteenth birthday?’ my parents asked me. ‘A ring,’ I replied. However, instead of a ring, my parents gave me a one-month homestay in London.”	
Chapter 3 It’s Not Always Black and White.	21
“You can find the names of colors in a lot of English expressions. Many of these expressions, however, talk about colors in very different ways.”	
Chapter 4 Helping Others	31
“On the last day, all of us stood inside a room we had built in just a week, feeling a sense of fulfillment.”	
Chapter 5 Generation Z: Digital Natives	41
“Generation Z is connected to its music, videos, games, and friends online all day, every day.”	
Chapter 6 How to Be a Successful Businessperson	51
“Here’s a story about one successful businessperson. He started out washing dishes, and today he owns 168 restaurants.”	
Chapter 7 The Growth of Urban Farming	61
“The answer for more and more people is to grow their own food—even if they live in crowded cities.”	

Chapter 8	Can You Live Forever?	71
	“Eating apples may not be enough, but there’s at least one man who thinks that living forever is possible.”	
Chapter 9	Baseball Fans Around the World	81
	“While the rules of baseball are similar from country to country, the behavior of baseball fans is very different.”	
Chapter 10	Mobile Phones: Hang Up or Keep Talking?	91
	“More than two billion people use mobile phones today. In many places it is more common to use a mobile phone, or cell phone, than a landline.”	
Chapter 11	Vanessa-Mae: A 21st Century Musician	101
	“By the time she was twelve, Vanessa-Mae had played with orchestras all over the world as a soloist.”	
Chapter 12	A Day in the Life of a Freshman	111
	“I get up about seven o’clock in the morning. Since my friends and I have a group blind date tonight, I take extra time to look my best.”	
Chapter 13	Love at First Sight	121
	“It was love at first sight. It’s always exciting to hear those words. But do people really believe in love at first sight?”	
Chapter 14	Great Places to Visit	131
	“Each month, <i>National Geographic</i> magazine asks one of its editors: What are the best places to visit in your area of the world?”	
Culture and Language Notes		141
Maps		154
Mini-Dictionary		158